



Horário Época 25/26

Hora	Dia	Segunda	Terça	Quarta	Quinta	Sexta
17:45 - 18:45 H		2021 2020 2019		2021 2020 2019	2021 2020 2019	
18:45 - 20:00 H		2016 2017 2018	2013 Evolution 2014 Evolution 2015 Evolution 2016 Evolution	2016 2017 2018	2016 2017 2018	2013 Evolution 2014 Evolution 2015 Evolution 2016 Evolution
20:00 - 21:00 H		2013 2014 2015	2013 2014 2015	2013 Evolution 2014 Evolution 2015 Evolution 2016 Evolution	2013 2014 2015	2011
21:00 - 22:00 H		2011 2012	2009/10 2012	2009/10 2011	2012	2009/10
22:00 - 22:30 H		2011	2009/10	2009/10	2012	2009/10